

Extra Curricular Programme 9th November - 18th December 2009

	<i>Yr 7</i>	<i>Yr 8</i>	<i>Yr 9</i>	<i>Yr 10</i>	<i>Yr 11</i>	<i>Post 16</i>	<i>A12</i>	<i>Fitness Suite</i>
<i>Monday</i>	Hockey (KHY) Cheerleading (EJM)	Hockey (KHY) Cheerleading (EJM)	Cheerleading (EJM)	Football (DMA) Cheerleading (EJM)	Netball (SEG)	Netball (SEG)	BTEC / GCSE Workshop	All years with fitness suite membership
<i>Tuesday</i>	Rugby (CK/RNC) Netball (SEG)	Rugby (CK/RNC)	Rugby (CK/RNC)	Rugby (CK/RNC)	Rugby (CK/RNC)	A Level Dance DS	BTEC / GCSE Workshop	All years with fitness suite membership
<i>Wednesday</i>	Girls Football (RLB) Badminton (SJP)	Girls Football (RLB) Badminton (SJP) Football (SNM)	Girls Football (RLB) Badminton (SJP) BTEC Dance (KHY)	Girls Football (RLB) Badminton (SJP)	Girls Football (RLB) Badminton (SJP) GCSE Dance (EJM)	Football (RNC)	BTEC / GCSE Workshop	All years with fitness suite membership
<i>Thursday</i>	Football (CK) Table Tennis (SJP/JAF))	Table Tennis (SJP/JAF))	Boys & Girls Hockey (LEC) Table Tennis (SJP/JAF) Football (PWH) Netball	Boys & Girls Hockey (LEC) Table Tennis (SJP/JAF) Netball	Table Tennis (SJP/JAF)	Table Tennis (SJP/JAF) A Level Dance DS	BTEC / GCSE Workshop	All years with fitness suite membership
<i>Friday</i>	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	Basketball (RNC) Kickabout Football (SJP/CK) Rock Challenge (LEC)	BTEC / GCSE Workshop	All years with fitness suite membership

ALL ACTIVITIES TAKE PLACE FROM 2.30 - 4PM .JUST TURN UP AT THE RECREATION CENTRE

YOU WILL NEED TO BRING APPROPRIATE PHYSICAL EDUCATION KIT