

Thornton Grammar School
A Specialist Sports, Science and Applied Learning Trust School
Physical Education Department
GCSE Physical Education Options

Please choose 4 activities that you wish to undertake as part of your coursework

Outwitting Opponents

Football Performance	<input type="checkbox"/>	You are only allowed to choose one of these Football options
Practical Football and Refereeing	<input type="checkbox"/>	
Rugby Performance	<input type="checkbox"/>	You are only allowed to choose one of these Rugby options
Practical Rugby and Refereeing	<input type="checkbox"/>	
Netball Performance	<input type="checkbox"/>	You are only allowed to choose one of these Netball options
Practical Netball and Umpiring	<input type="checkbox"/>	
Hockey Performance	<input type="checkbox"/>	You are only allowed to choose one of these Hockey options
Practical Hockey and Umpiring	<input type="checkbox"/>	
Basketball Performance	<input type="checkbox"/>	
Girls Basketball Performance	<input type="checkbox"/>	
Badminton Performance	<input type="checkbox"/>	You are only allowed to choose one of these Badminton options
Practical Badminton and Umpiring	<input type="checkbox"/>	
Rounders Performance	<input type="checkbox"/>	You are only allowed to choose one of these Rounders options
Practical Rounders and Umpiring	<input type="checkbox"/>	

Cricket Performance

Table Tennis Performance

Accurate Replication

Trampolining Performance

Judo
Performance

Exploring and Communicating Ideas

Dance Performance

Practical Dance and Choreography

You are only allowed to choose one of these
Dance options

Identifying and Solving Problems

Climbing Performance

Orienteering Performance

Kayaking Performance

Sailing Performance

Skiing Performance

These Activities will be only available as extra-curricular activities and may cost you money. If you would like further information then please tick what you would like to do. These will not count towards your 4 choices.

Performing at Maximum Levels

Athletics Performance

Exercising Safely and Effectively

Fitness Performance

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This is compulsory and is your fifth choice

Coaching and Leadership

Level 1 Sports Leader

<input type="checkbox"/>
<input type="checkbox"/>

This is a leadership qualification and would take 2 of your 4 options to complete.

Extra-curricular / Club Attendance

Please complete the box if you are a member of a Sports Club and could be marked in this activity.
